

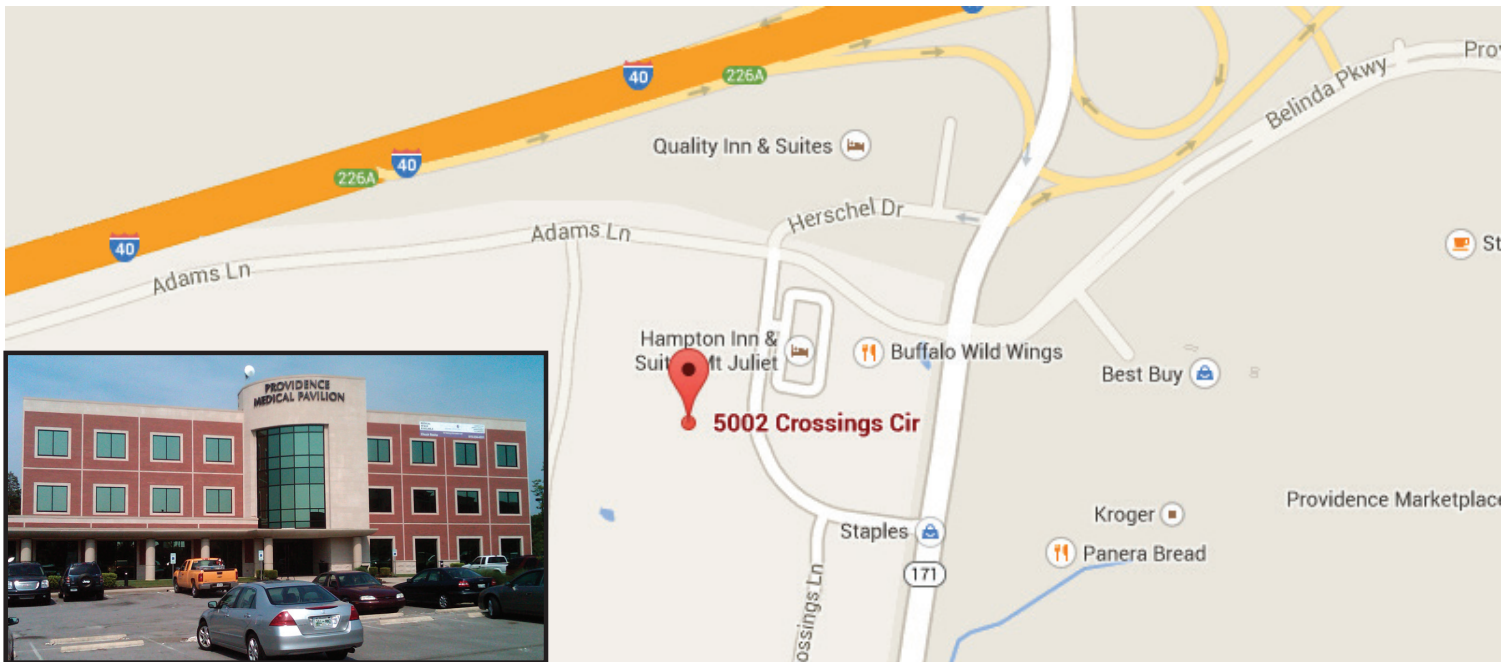


**The Allergy, Asthma & Sinus Center**  
 5002 Crossings Circle • Suite 180  
 Mt. Juliet, TN 37122

**Schedule an appointment online or call:**  
[allergyasc.com](http://allergyasc.com)  
 615-583-5151  
 866-231-0701

**MT JULIET OFFICE**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Office	8:00-5:00	8:00-5:00	8:00-5:00	8:00-6:00	8:00-5:00	9:00-12:00
Shot Room	8:00-4:40	8:00-4:40	8:00-4:40	8:00-5:40	8:00-4:40	9:00-12:00



**From Knoxville/Cookeville:**

- Traveling on I-40 west bound.
- Take Exit 226.
- Turn left on 171 South.
- Turn right at the first traffic light (#22) by the Waffle House onto Adams Lane.
- Turn left at the next road across from Adams Plaza, which is Crossings Circle.
- Turn right into the parking lot for Providence Medical Pavilion.

We are located on the first floor. Enter through the main doors and go past the elevator. Suite 180 is on your right. Parking is also available in the back of the building. When entering through rear doors, suite 180 is the first door on the left.

**From Nashville:**

- Traveling on I-40 east bound.
- Take Exit 226.
- Turn right on 171 South.
- Turn right at the first traffic light (#22) by the Waffle House onto Adams Lane.
- Turn left at the next road across from Adams Plaza, which is Crossings Circle.
- Turn right into the parking lot for Providence Medical Pavilion.

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