



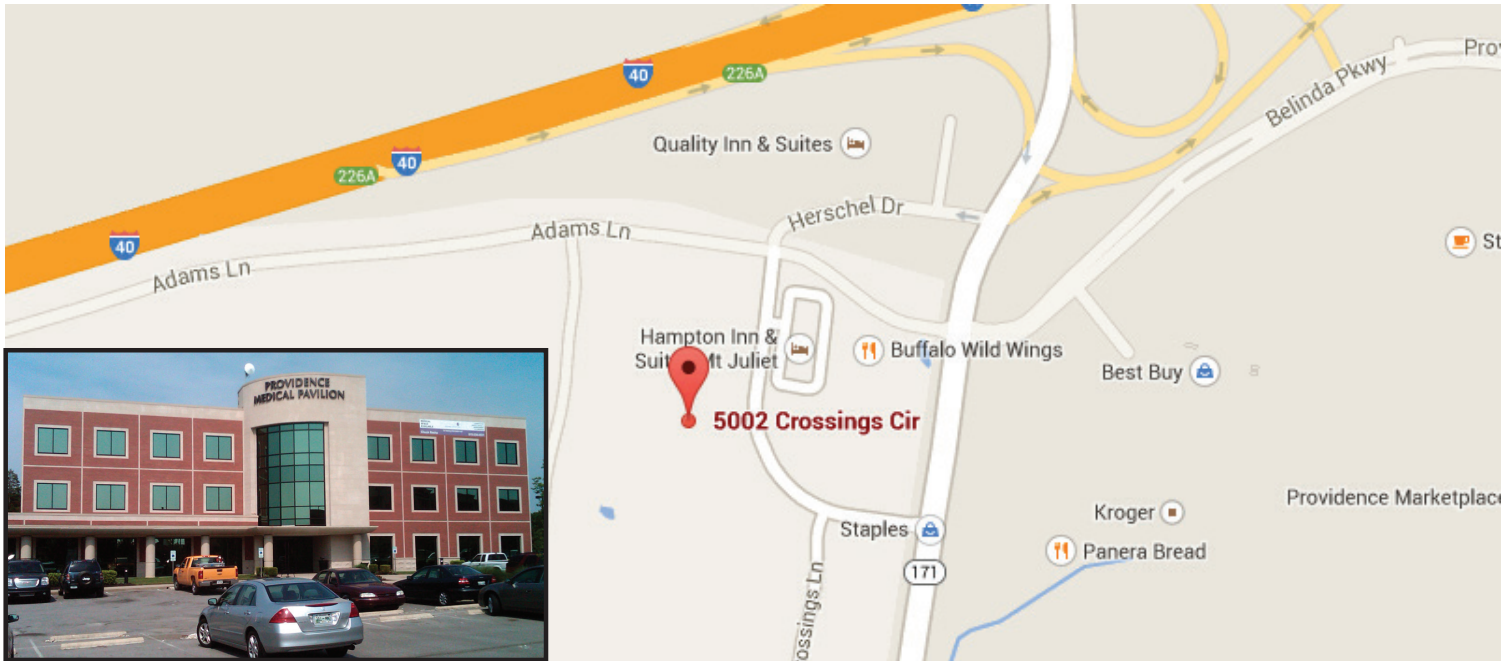
**The Allergy, Asthma & Sinus Center**  
 5002 Crossings Circle • Suite 260  
 Mt. Juliet, TN 37122

**Schedule an appointment online or call:**  
[allergyasc.com](http://allergyasc.com)  
 615-583-5151  
 866-231-0701

**MT JULIET OFFICE**

**CENTRAL TIME**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Office</b>	8:00-12:00 1:00-5:00	8:00-12:00 1:00-5:00	8:00-12:00 1:00-5:00	8:00-12:00 1:00-6:00	8:00-12:00 1:00-5:00	9:00-12:00
<b>Shot Room</b>	8:00-11:40 1:00-4:40	8:00-11:40 1:00-4:40	8:00-11:40 1:00-4:40	8:00-11:40 1:00-5:40	8:00-11:40 1:00-4:40	9:00-12:00



**From Knoxville/Cookeville:**

- Traveling on I-40 west bound.
- Take Exit 226.
- Turn left on 171 South.
- Turn right at the first traffic light (#22) by the Waffle House onto Adams Lane.
- Turn left at the next road across from Adams Plaza, which is Crossings Circle.
- Turn right into the parking lot for Providence Medical Pavilion.

We are located on the second floor. When you exit the elevator, take a left and go down the hallway to your left. The office is straight ahead at the end of the hall.

**From Nashville:**

- Traveling on I-40 east bound.
- Take Exit 226.
- Turn right on 171 South.
- Turn right at the first traffic light (#22) by the Waffle House onto Adams Lane.
- Turn left at the next road across from Adams Plaza, which is Crossings Circle.
- Turn right into the parking lot for Providence Medical Pavilion.

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